

Mt 11, 28-30

For my yoke is easy and my burden is light."

**Take my yoke upon you and learn from me,
for I am gentle and humble in heart,
and you will find rest for your souls.**

**"Come to me, all you who are weary and burdened,
and I will give you rest.**



A gift for you

FOR: _____
(name)

MY HOLY HOUR IN THE
EUCHARISTIC PRESENCE OF JESUS

ON _____ AT _____
(date) (time)

WILL BE OFFERED FOR YOU.

FROM: _____